

**10000 Kettlebell Swings Challenge**  
**#10000SC**

| TN                      | Woche 1 | W 2  | W 3 | W 4 | W 5 | W 6 | W 7 | W 8 | W 9 | W 10 | Summe |
|-------------------------|---------|------|-----|-----|-----|-----|-----|-----|-----|------|-------|
| Thomas Wanner           | 2100    | 3330 |     |     |     |     |     |     |     |      | 5430  |
| Gudi Glanert            | 750     | 3010 |     |     |     |     |     |     |     |      | 3760  |
| Norberto Rommler        | 1000    | 1700 |     |     |     |     |     |     |     |      | 2700  |
| Sebastian Kirschenmann  | 1000    | 1400 |     |     |     |     |     |     |     |      | 2400  |
| Uli Mürdter             | 1100    | 1050 |     |     |     |     |     |     |     |      | 2150  |
| Sebastian Schmaus       | 1000    | 1000 |     |     |     |     |     |     |     |      | 2000  |
| Andi Schmaus            | 1000    | 1000 |     |     |     |     |     |     |     |      | 2000  |
| Andrea Mürdter          | 850     | 1050 |     |     |     |     |     |     |     |      | 1900  |
| Felix Zeller            | 1500    |      |     |     |     |     |     |     |     |      | 1500  |
| Peter Grießer           | 500     | 620  |     |     |     |     |     |     |     |      | 1120  |
| Marion Grießer          | 500     | 620  |     |     |     |     |     |     |     |      | 1120  |
| Katrin Bernig           | 500     | 620  |     |     |     |     |     |     |     |      | 1120  |
| Bastian Bernig          | 500     | 620  |     |     |     |     |     |     |     |      | 1120  |
| Norbert Hahn            | 500     | 620  |     |     |     |     |     |     |     |      | 1120  |
| Susi Pausch             | 1050    |      |     |     |     |     |     |     |     |      | 1050  |
| Verena Knaupp           | 1000    |      |     |     |     |     |     |     |     |      | 1000  |
| Paul Koller             |         | 810  |     |     |     |     |     |     |     |      | 810   |
| Jakob Fey               |         | 620  |     |     |     |     |     |     |     |      | 620   |
| Kaddi Pausch            | 600     |      |     |     |     |     |     |     |     |      | 600   |
| Suse Wanner             |         | 560  |     |     |     |     |     |     |     |      | 560   |
| Sebastian Bürgermeister |         | 550  |     |     |     |     |     |     |     |      | 550   |
| Petra Ohnewald          | 500     |      |     |     |     |     |     |     |     |      | 500   |
| Sarah Pausch            | 500     |      |     |     |     |     |     |     |     |      | 500   |
| Kelly Kirsten           | 500     |      |     |     |     |     |     |     |     |      | 500   |
| Marc Kirsten            | 500     |      |     |     |     |     |     |     |     |      | 500   |
| Adelbert Klozbücher     | 500     |      |     |     |     |     |     |     |     |      | 500   |
| Anke Sitges             | 500     |      |     |     |     |     |     |     |     |      | 500   |
| Philipp Schmid          | 200     | 250  |     |     |     |     |     |     |     |      | 450   |
| Peter Biekert           | 300     |      |     |     |     |     |     |     |     |      | 300   |

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|                         |            |            |
|-------------------------|------------|------------|
| <b>Rainer Pausch</b>    | <b>300</b> | <b>300</b> |
| <b>Alexander Wanner</b> | <b>150</b> | <b>150</b> |
| <b>Christine Wanner</b> | <b>140</b> | <b>140</b> |